

# Report from Teachers Across Borders Sweden

## Siem Reap 2019

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## Programme 2019

**Dates:** 24th June - 5th July, 2019

### **TAB Teachers:**

Elena Andersson

Katarina Bolling

Amanda Dahlberg

Marie Hertin

Eva Rosenberg

Carina Sundell

Annika Sundström

Cecilia Söderlund

Emmelie Thorén

Lena von Tell

Katja Westergren

Niklas Westergren

Simon Westergren

Katarina Åström

Urban Åström



Anna Östman  
(Karin Edwardsson)

### Pre-course for TAB teachers

Place: Huddinge, Stockholm and via Skype

28 April: Practical matters (water, tickets, Visas, Immunization etc.)

5 May: Cross cultural awareness and Awareness of the Cambodian curriculum, their structure and the material used in classrooms

19 May: What is a Coaching and Appreciative approach

### Participating schools

Banteay Chass Primary School

PTTC Teacher Trainers

Ang Kao Sa Primary School

Thlork Andong, Secondary school

### Programmes in Siem Reap

Target Participants	Workshop title	Workshop leaders	No. in class
Teacher trainees at PTTC, year 1	Sexual and reproductive health workshop, 2 days x 2 groups	Katarina Bolling Marie Hertin	200 teacher trainees
Principals	Leadership training for Directors	Katarina Åström Urban Åström	10 principals
Teachers at PTTC	Observation, Coaching and Workshop	Cecilia Söderlund Carina Sundell	4 teachers
Teachers at Banteay Chass primary school	Observation, Coaching and Workshop	Annika Sundström Amanda Dahlberg	4 teachers
Teachers at Thlork Andong, Secondary school	Observation, Coaching and Workshop	Elena Andersson Eva Rosenberg	4 teachers
Teachers at Ang Kao Sa primary school	Observation, Coaching and Workshop	Emmelie Thorén Lena von Tell Katja Westergren	4 teachers

### Schedule in Siem Reap

Date	
Saturday	Anna, Urban, Katarina and Samnang visit the schools represented in the programme
Monday 24th	School visit, Banteay Chass Primary School Teams meeting translators at Babel Guesthouse Follow up with teachers from 2018 Directors' programme day 1, PTTC
Tuesday 25 <sup>th</sup>	Classroom observations + coaching 8.30-11.30: Director's Programme, Day 2, Youth centre

Wednesday 26 <sup>th</sup>	Workshop in teams, PTTC Working lunch at Babel Guesthouse with teachers from TAB Sweden and TAB Australia Directors' programme day 3, PTTC
Thursday 27 <sup>th</sup>	Classroom observations + coaching Director's Programme, Day 4, PTTC
Friday 28 <sup>th</sup>	Classroom observations + coaching Director's Programme, Day 5 PTTC, Anna lunch meeting with TAB Australia
Saturday 29 <sup>th</sup>	Sustainability and sexual and reproductive health workshop, year 1 Directors' programme visit Sustainability and sexual and reproductive health workshop, year 1 group 1
Sunday 30 <sup>th</sup>	
Monday 1 <sup>st</sup>	Workshop 2 in teams Sustainability and sexual and reproductive health workshop, year 1 Urban and Katarina follow up visit at Khnar School
Tuesday 2 <sup>nd</sup>	Classroom observations + coaching Sustainability and sexual and reproductive health workshop, year 1
Wednesday 3 <sup>rd</sup>	Classroom observations + coaching Sustainability and sexual and reproductive health workshop, year 1 Launch Handbook about teaching Dinner at Marom TAB teachers and translators
Thursday 4 <sup>th</sup>	Workshop 3 in teams
Friday 5 <sup>th</sup>	Closing day, Youth Center



*“Our teacher who participated last year are now tutoring the teacher students who do their training at our school.”*

*Principal at Ang Kao  
San primary school, Siem Reap 2018*

### **Observation, Coaching and workshop**

4 teachers from each of the 4 schools were invited to join the programme: PTTC, Banteay Chass Primary School, Ang Kao Sa Primary School and Thlork Andong secondary school. The format included 4 days of classroom observation and coaching, 3 days of workshops, an Introduction day and a Closing day.

#### **Aim of Introduction workshop:**

To present the concept of coaching, focusing on powerful questions and the GROW model.  
To get to know each other in the team and set goals for the coaching; individual and team goals.  
To introduce the Working wheel.

#### **Aim of observation and coaching:**

To meet on a personal and equal level  
To observe real challenges in the Cambodian classroom  
To present methods and thoughts behind teaching (focusing on both HOW and WHY)  
To give feedback to teachers when new methods are implemented  
To model good methods in real life situations

#### **Aim of closing day:**

To show each other what has been achieved  
To evaluate the first part of the project in a group SWOT  
To plan for the second part of the project (the Checkpoints)  
To receive certificates and celebrate what has been achieved

The programme will be completed after 3 checkpoints through the year. Meetings can be held both via messenger and face time/skype depending on the access to translators and/or Internet.

A SWOT is used where TAB teachers and Cambodian teachers work together on identifying Strengths with the TAB programme, Weaknesses with the TAB programme, Opportunities for Cambodia and Threats in Cambodia. See Appendix 1 SWOT.



*"I got new methods, way to draw the students attention and also the method that get my students think before answering"*

*Teacher trainee, Siem Reap 2018*

## **Workshop about Sustainable development and Sexual and reproductive health**

Workshops and seminars for Teacher trainees at Primary Teacher Training College (PTTC) on Sexual and Reproductive Health lead by Marie Hertin and Katarina Bolling.

### **Aims of the project:**

- Provide information regarding puberty, genitals, STDs (HIV, AIDS, chlamydia and condyloma)
- Human rights and the Global Goals; equality, gender and cultural aspects
- Provide examples of methods when teaching sexual and reproductive health in schools
- Handing out a Handbook about teaching these topics

The pedagogical methods that were used aimed to engage and motivate learning, for example by mixing seminars with reflection and values clarification exercises.

The project had workshops with students in year 1. Two 2-day workshops with 90 teacher trainees (3 classes). TAB teachers mixed knowledge based seminars with values clarification exercises and included a variety of methods for individual and group reflection.

A handbook including both facts and methods, has been written in Swedish during the year and was translated to Khmer and handed out to the participants at the end of the workshop.

- methods for teaching sexual health in schools
- the connection to UN:s global goals (STG)
- sexual and reproductive health (puberty, organs, reproduction, mental and social development)
- responsible and safe sex (STDs, pregnancy and protection)



*“Through this workshop, I become more confident and believe that we with my teachers will hold hands to achieve our goals”*

*Director, Siem Reap 2018*

## Leadership Programme for Directors

In 2018 we started a Directors’ Programme as an overall plan to involve leaders of the schools in the programme and link all the parts of the programme. This year it was led by Swedish school principals Katarina and Urban Åström who directed the programme last year as well. The topics were the same as the year before, which were based on interviews from 2017.

Directors and other administrative staff from 10 schools participated, both primary and secondary schools. The workshop was held in 5 days of 3 hours, including a visit to the workshop about Sustainability and sexual and reproductive health.

Day 1: The role of a leader, Self-reflection

Day 2: Building relationships with students, parents and staff.

Day 3: Structure and predictability.

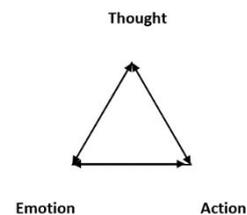
- How to work with situational leadership
- Safety for children
- Environmental responsibility

Day 4: Constructive communication

- GROW model and Open questions
- Giving feedback
- Classroom Management

Day 5: Observe Health Project

Evaluation



The atmosphere in the group was inspiring and enthusiastic. The directors don’t usually have the ability to meet with each other in this way. They were grateful for this opportunity since they had little or none previous experience of leadership training.

They also found it interesting and valuable to visit the workshop for the teacher students about Sustainability and sexual and reproductive health. It is an important subject and is much needed to improve in the schools in Cambodia.

Urban and Katarina had a follow up meeting with the principle of Khnar Primary School after they had finished their programme. It was an important meeting to see what impact the workshop had had on the principal and the school. We also had a meeting before the programme with the principal at Ang Kao San primary school. She told us that the vice principal at her school, after participating in the programme last year, now is responsible for the pedagogical development at five different primary schools in the area.



## Meeting with TAB Australia

During the first week two teachers from TAB Australia, Jemi Kolber and Stephen Kolber, visited our programme. They participated in our introduction workshop and followed some of our teachers in their work in respective school.

Anna also had a lunch meeting with teachers from TAB Australia about how we can work together more closely in the future.

## Analysis after Evaluations and SWOT

The Cambodian teachers are happy with the programme, the new methodologies and ideas. The exchanging of experience and knowledge is highly appreciated from both Cambodian and foreign teachers. They see that it creates motivation, a possibility to include all students, critical thinking, creativity, confidence and reflection.

Teachers can see that a change of methodology in the whole of Cambodia would lead to increase of knowledge and motivation, and that would lead to a community that is safer and more equal and in the long run it would decrease poverty.

The main obstacle in one's own classroom situation is the large number of students but also drop out rates and classroom management. The Cambodian teachers are also very realistic when they identify the outside threats as violence, poverty, diseases and drugs. But also the problem with language barriers and different cultures between our countries can make the work more difficult. It is important for the TAB teachers to understand the differences between our school systems.

TAB teachers appreciate the pre-course, it is a good way to meet each other before the trip and try to get a grip about what is expected. They would like to include more best practices and modelling from previous years as preparation for the project. Maybe even add a meeting where focus would be on preparations and workshop ideas.

The overall schedule in Cambodia was good, but more meetings to form a group and share ideas during the time in Cambodia are wanted.

The checkpoints are seen as an important part of the whole programme and many of the teams have formed chat groups to easier keep in contact during the years.